

# NEUROMUSCULAR SUPPORT GROUP FOR YOUNG ADULTS

NSGFYA is an informal social and connect group for people in their 20s/30s with conditions affecting walking, balance, co-ordination or speech – a chance to meet up and chat with people with similar experiences.

Please come to our second informal meeting



## **Guest speaker: Australian Paralympian Karni Liddell**

Karni was born with a muscle wasting disease called Spinal Muscular Atrophy, and wasn't expected to walk. Karni went on to break her first World Record in swimming at the age of 14 and won medals at every Paralympics she competed at. Karni has also raised over 1 million dollars for various disability charities. Karni is the National Disability Insurance Scheme (NDIS) QLD Ambassador, sits on the United Nations Women's board, is a radio broadcaster, a social commentator, and a highly acclaimed and sought after international speaker.

**When: Thursday 28th January 2016. Arrive 5:30pm for 6pm start.**

**Venue: VicHealth 15-31 Pelham St, Carlton VIC 3053**

**Please RSVP: [info@gsnv.org.au](mailto:info@gsnv.org.au) (catering provided)**

You can also join this meeting from your computer, tablet or smartphone:

[global.gotomeeting.com/  
join/184089725](http://global.gotomeeting.com/join/184089725)

